

Revised 8/15/22, Approved 8/23/22

SKCC Covid-19 Procedures

Dear Chorale Members or Prospective Members

This policy establishes procedures for in-person rehearsals and other indoor events held by the Sno-King Community Chorale (SKCC). These procedures will be in effect when SKCC resumes in-person rehearsals in an indoor rehearsal space.

The act of singing is a uniquely risky activity for transmission of the coronavirus that causes Covid-19. These procedures are adopted to minimize the risk of transmission to rehearsal participants to the extent possible. Please help keep our members and families safe by following

these procedures at every rehearsal.

1. Acknowledgement

Before being admitted to their first rehearsal, all singers will sign and return a copy of this policy acknowledging that they have read this policy.

2. Vaccination Requirement

a) All singers and any others present at SKCC rehearsals must be fully vaccinated to minimize the risk of infection.

b) "Fully vaccinated" means two weeks have passed after the individual has received two doses of the Pfizer or the Moderna vaccine or one dose of the Johnson and Johnson vaccine.

3. Proof of Vaccination

a) Before being admitted to their first rehearsal, a singer must present proof of "full vaccination" to the SKCC Registrar or a designated monitor. Proof of "full vaccination" may be in the form of the original vaccine card, a photocopy or a photo of a vaccine card showing that that person was fully vaccinated at least two weeks before the first rehearsal date. The SKCC Registrar or monitor will record the type of proof presented.

b) Individuals who are not registered (visitors) will not be allowed in the rehearsal room at any time.

c) While the CDC recommends additional booster vaccinations for those who have been fully vaccinated, SKCC is not requiring boosters at this time, although we highly encourage it.

4. Masking

Masks may be worn by all singers at indoor rehearsals.

The Snohomish County Health District directive, or as requested by SKCC, may update this policy as the local health situation evolves.

5. Attendance Tracing

An attendance roster will be maintained by section leaders at each rehearsal for contact tracing purposes.

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6. If you have been exposed to someone with a known case of Covid:

A fully vaccinated singer who is exposed to someone who has a known case of Covid should do the following:

i. Snohomish County Health Dept:

If you tested positive for COVID-19 and have [symptoms](#), isolate for at least 5 days after your symptoms first appeared. You can leave isolation after 5 full days if:

Your symptoms are improving 5 days after the start of your isolation, and

You have not had a fever for 24 hours without use of fever-reducing medication

You should continue to wear a [well-fitting mask](#) around others at home and in public for 5 additional days (day 6 through day 10) after the end of your 5-day isolation period.

If you continue to have a fever or your other symptoms have not improved after 5 days of isolation, wait to end your isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

If you tested positive for COVID-19 but have not had any symptoms, isolate for at least 5 days after you tested positive for COVID-19. You can leave isolation after 5 full days if you have not developed symptoms.

You should continue to wear a [well-fitting mask](#) around others at home and in public for 5 additional days (day 6 through day 10) after the end of your 5-day isolation period.

If you develop symptoms after testing positive, your isolation period should start over from when your symptoms began. Follow the recommendations above for ending isolation if you have symptoms.

ii. If you have no COVID-like symptoms, you do not need to quarantine unless you develop symptoms. Fully vaccinated people who do not quarantine should still monitor for symptoms of COVID-19 for 14 days following an exposure. It is also recommended that you get tested 3-5 days after exposure.

iii. "Exposed" or "exposure" means having close contact with a confirmed COVID-19 case. Close contact includes:

i. Living in the same household as a person with COVID-19

ii. Caring for someone with COVID-19

iii. Being within 6 feet of a person with COVID-19 for 15 minutes (cumulative) or more, OR
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iv. Being in direct contact with secretions from a person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, sharing tools etc.).

7. Positive Cases.

a) A singer who tests positive for Covid-19 will notify the President or a section leader as soon as possible.

b) If a known Covid-19 positive person has been at a rehearsal, or if someone who has been at a rehearsal later tests positive for Covid-19, all rehearsal attendees will be notified that they have been exposed to a person who has tested positive for Covid-19, without identifying the person.

c) The person who has tested positive and has symptoms of Covid will not be allowed to attend rehearsal until

i. The person has quarantined **for 5** days per the latest CDC guidelines

ii. and he/she has no fever without the use of fever reducing medications and other Covid symptoms are improving)

iii. and he/she has obtained a **negative PCR Covid test result**. (Free testing is available through the Snohomish Health District or use the Washington State test locator.

8. This policy may be updated from time to time by the SKCC Board of Directors to follow applicable guidance from local or national health authorities.

10. References:

Snohomish County Health District guidance:

https://www.snohd.org/DocumentCenter/View/3430/COVID-19_ExposedHandout_English?bidId=

CDC guidance: https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019

[-ncov%2Fif-you-are-sick%2Fquarantine.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html))

Testing Locations:

(<https://www.doh.wa.gov/Emergencies/COVID19/TestingforCOVID19/TestingLocations>)

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Acknowledgement of SKCC Covid Procedures, Assumption of Risk, and Release:

1. I have read the COVID-19 procedures of SKCC, and I agree to follow them.
2. I understand that these procedures are not a guarantee to me or my family that I will be safe from the coronavirus if I choose to participate in SKCC rehearsals and events.
3. I understand and accept the risks if I should choose to participate in an in-person rehearsal or event held by SKCC.
4. I hereby agree on behalf of myself, my heirs or assigns to release, discharge, hold harmless, and indemnify the Sno-King Community Chorale, its directors, agents, officers, members, volunteers, employees and other participants (each a "Releasee" herein) from all liability, claims, demands, losses, damages, injury or death caused or alleged to be caused in whole or in part by my participation in any in-person rehearsal or event held by SKCC.

Signed by:

Printed Name
